



The Summitview Times

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Principal: Heather Stevens

Superintendent: Shawn Bredin

Trustee: Elizabeth Terrell-Tracey

Elementary Office Administrative Assistant: Nancy George

School Secretary: Carmela Agnihotri

April 2019

9	Grade 7 Immunizations Popcorn Sales
10	International Day of Pink Pizza Day
12	Jump Rope For Heart Kick-Off
16	Jr. Girls Basketball Popcorn Sales
17	Earth Day Garbage Pick Up - Mrs. Connor's Class Pizza Lunch
18	Good Friday No School
22	Easter Monday No School
23	Popcorn Sales
24	Pizza Lunch (New Final Term Starts)
25	Jr. Boys Basketball Tournament
29	Book Fair Begins
30	Popcorn Sales

May 2019

1-3	Book Fair
1	Pizza Lunch
2	Summitview's Got Talent
6	School Council Meeting 6:30 pm
7	Popcorn Sales
8	Author Lee Edwards Fodi Visits Pizza Lunch
14	Popcorn Sales
15	Pizza Lunch Grade 7 and 8 to George Brown
16	School Track and Field Day
17	Day of Play
20	Victoria Day ~ No School
21	Popcorn Sales
22	Pizza Lunch
23	Welcome to Kindergarten 6:30-7:30
27-31	Grade 3 and 6 EQAO
30	Grade 7 to Kortright



Character Matters!

This Month's Character Trait: Integrity

Our words and actions show others how we feel and what we believe.

Summer Institute

Looking for summer learning and fun activities for students entering Senior Kindergarten to Grade 8? Summer Institute offers academic, recreational and athletic programs and activities with intentional links to the Ontario Curriculum.

The program runs for six weeks during July and August. It is offered at 11 school sites around York Region.

For more information on dates, programs and locations, please visit the [Summer Institute](#) page on www.yrdsb.ca.

Families can register on line, as well as in person or by mail.

Base Registration Weekly Fees:

York Region District School Board students: \$110 (4 day weeks) \$125 (5 day weeks)

Non- York Region District School Board students: \$135 (4 day weeks) \$160 (5 day weeks)



12 Tips to Promote Safe Online Behaviour

- Children should never give anyone their name, address, telephone number, computer password, or any other personal information on the Internet without parental or guardian consent.
- Children should only use social media and websites approved by their parent or guardian.
- Internet use should be encouraged in a central place in your home where you can supervise children's online activities.
- Don't allow a webcam in a child's bedroom.
- Watch for children quickly minimizing sites when you enter the room.
- Reinforce that people online may not be who they say they are.
- Consider using parental controls like Internet filters or blocking software.
- Remind children that everything said online stays in cyberspace forever, whether or not it is deleted.
- Talk to your children about Internet safety and clearly define your rules.
- Never respond to messages that make them feel confused or uncomfortable.
- Pay attention to the games your children may download or copy.
- Never arrange a face-to-face meeting with someone they meet online.

Reinforce a sense of safety. Some Internet content can evoke a sense of fear or lack of safety in your child. It can be difficult for some children to discern fact / fiction online. Try to offer reassurance that your child is safe. Children and youth take their emotional cues from the significant adults in their lives. Your reactions can help to model calmness to your child. Recognize that some children may be concerned about something bad happening to themselves, family or friends. Explain to them the safety measures in place and reassure them that you and other adults will take care of them.

Be a good listener and observer. Let children guide you to learn how concerned they are or how much information they need. If they are not focused on the issue, do not dwell on it. However, be available to answer their questions to the best of your ability. Young children may not be able to express themselves verbally. Pay attention to changes in their behaviour or social interactions.

Reach out. Reach out to the school if you feel that your child may be showing a significant reaction to online material. We may be able to offer some classroom strategies that could help reduce stress. It may also be important to seek additional support from a school mental health professional (i.e., social worker or psychologist) to cope with overwhelming feelings experienced by children and youth.

Making Real-Life Connections to Math ~ Talking About Money

There are many opportunities to help your child see real-life connections to math, and one of them is to engage in conversations about money.

Even at a very young age children are interested in learning about money and these conversations can have lifelong benefits.

From learning the value of coins and dollars, to budgeting and finances, talking about money supports many different mathematical concepts (e.g., adding, subtracting, percentages and estimation).

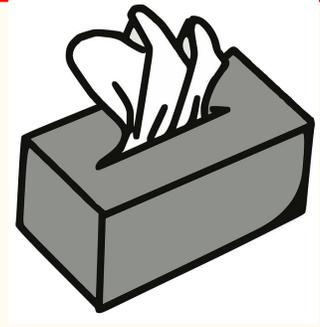
There are lots of games that can be played at home where students can practice counting money, such as Life, Monopoly, Pay Day and more!

Here is a parent guide with more information about supporting financial literacy at home:

A Parent's Guide Financial Literacy in Ontario Schools, Grades 4 to 12
http://www.edu.gov.on.ca/eng/parents/financial_literacy_parent_guide_en.pdf

To find out what your child will learn in math this year or to find other fun activities that you can do together as a family, please visit
<http://www.yrdsb.ca/Programs/Math/Pages/default.aspx>.





As cold and flu season are upon us, we continue to be diligent with cleaning, sanitizing, and reminding students of the importance of handwashing. Here are a few reminders from Public Health to help us all try and stay healthy:

- Stay at home when you are sick, and keep your child home if they are sick
- Keep healthy by eating healthy foods, being physically active and ensuring your immunizations are up-to-date, including the seasonal flu shot
- Avoid close contact with people who are sick
- Wash your hands often with soap and water or using an alcohol-based hand sanitizer when soap and water are not available
- Cough and sneeze into your sleeve or a tissue, not your hand, and throw away used tissues immediately
- Avoid touching your face
- Clean and disinfect common surfaces

Symptoms of respiratory and/or enteric illness can include:

- Headache · Chills · Fever (over 38 degrees Celsius or 100 degrees Fahrenheit) · Muscle aches and fatigue · Runny nose · Sneezing · Sore throat · Watery eyes · Loss of appetite · Nausea and vomiting · Diarrhea

If you or your child are sick and do not improve, contact your health care provider. Many viruses are commonly active at this time of year, for example norovirus and influenza (flu). Both viruses are very contagious and can be spread by contact with contaminated surfaces, such as door knobs or eating utensils.

For more information, read the norovirus and flu fact sheets online at the following links:

<http://bit.ly/YRflufacts>

<http://bit.ly/YRnorovirus>



Parents for Children's Mental Health

SUPPORT. EDUCATE. EMPOWER.

Monday, April 15th

Guest Speaker- Patricia Marra-Stapleton YRDSB

You Can't Give What You Don't Have: How Taking Care of Ourselves, in Turn
Supports Our Children's Mental Health

PARENTS' Support Group

Does your child's anxiety, ADHD, mood disorders, learning disability, or
behaviour challenges make parenting difficult?

Benefits of PCMH Support Group:

- meet other parents with children who have similar challenges
 - find encouragement and emotional support
- learn strategies to help your child or youth at home/school
 - learn how to access resources in the community

Future Meetings 3 rd Monday of each month NOTE some dates change due to statutory holiday conflict.	Monday, May 13 th topic TBA (note special date due to the next week stat holiday) Monday, June 17 th Self Care for Parents and Caregivers No meetings July and August
	6:30-8:00 pm No pre-registration is needed Sorry no child minding available. Young children cannot safely be left unattended.
Where	*NEW*Aurora Kinark Office 218 Earl Stewart Drive, Unit 7, Aurora, ON L4G 6V7. One block south of St. John's Sideroad. One block west of Bayview Ave.

PCMH is the only provincial, family-led, non-profit organization that provides a voice for families who face the challenges of child and youth mental health issues. PCMH provides support, education, and linkage between families, communities, agencies and government. PCMH believes in the promotion of family-centred principles of care. PCMH envisions a future in which children and youth with mental illness enjoy a high quality of life in welcoming and supportive communities. For more information and resources, please visit www.pcmh.ca.

School Lunch Assistants Needed

We are looking for School Lunch Assistants who would be willing to fill in when our Lunch Assistants are not available.

This is a great opportunity for parents, grandparents or community members who may be available from 12:20-1:20 during the week.

Please contact the office to learn about the process to join our team!

Please note that Vulnerable Sector Screening from YRP must be done before becoming a lunch assistant.



Student Drop off Zone

As there are no buses coming to Summitview PS this year, we are going to use the designated Bus Loop for the Student Drop off zone.

Please pull into the bus lane, and up to the post, where the yellow line is. Staff will help students exit the car. If your child is able to exit the car on their own, please only allow them to do so on the right side of the car.

Student safety is our number one concern, so please drive slowly in the loop, and watch for children.

Elementary PA Days:

Monday, September 24, 2018
Monday, October 22, 2018
Friday, November 23, 2018
Friday, January 18, 2019
Friday, February 1, 2019
Monday, June 3, 2019
Thursday, June 27, 2019 (pm) Half Day
Friday, June 28, 2019

School Year Calendar 2018/2019

SCHOOL HOLIDAYS

Labour Day	Monday, September 3, 2018
Thanksgiving Day	Monday, October 8, 2018
Winter Break	Monday, December 24, 2019 to Friday, January 4, 2019 incl.
Family Day	Monday, February 18, 2019
Mid-Winter Break	Monday, March 11 to Friday, March 15, 2019 incl.
Good Friday	Friday, April 19, 2019
Easter Monday	Monday, April 22, 2019
Victoria Day	Monday, May 20, 2019



Say NO to Hate

How extremists target our students, and what to do about it

An event for parents/guardians, caregivers and secondary school students.

We invite you to join us in saying no to hate and to attend an important community forum.

You will learn more about:

- the dangers posed by right-wing extremism in our community
- the recruitment techniques being used in high schools
- how to address hate in our schools and community through education and action

April 8, 2019, 7:00 - 9:00 p.m.

**Newmarket High School
505 Pickering Crescent, Newmarket, Ontario**

This is a free event. Individual registration is required and space is limited.

To register, please visit <http://bit.ly/saynotohate>.

Please note that this event may cover sensitive content which is **not suitable for students under the age of 14.**

Featuring presentations by



Elizabeth Moore

Elizabeth was born and raised in Scarborough, Ontario. While attending high school, a friend introduced her to the white supremacist group, the Heritage Front. Moved by feelings of anger and ignorance about the racial, cultural and economic tensions in her school, she embraced the racist-right. Elizabeth left the Front in 1995 and has since contributed to numerous anti-racist education and arts initiatives, reaching millions with her story of personal change. In 1998, her time within the Heritage Front made up part of the award-winning CBC drama, *White Lies*, starring Sarah Polley and Lynn Redgrave.



Evan Balgord

Evan is a journalist and researcher on the rise of the new far right in Canada, including the anti-Muslim movement, so-called patriot and militia groups, the alt-right, self-identifying fascists and neo-Nazis. Evan monitors hate groups across Canada and is often called on to share information with other journalists, researchers, law enforcement, and community organizations. He holds an Honours Bachelor of Science from the University of Toronto and double majored in psychology and sociology with a focus on racism, politics, and the link between speech, intentions, and behaviour. He is a fellow of the Munk School of Global Affairs Fellowship in Global Journalism.



Bernie M. Farber

Bernie's career spans more than a quarter century focused on human rights, pluralism and inter-ethnic/faith/race relations. Recognized and called upon by the courts, media and law enforcement as an expert in human and civil rights he is one of the few in the field to be accepted by Canadian Courts as an expert in hate crime, white supremacy and anti-racism. He has also worked closely with Canadian Indigenous communities on historical redress. He is Chair of the Canadian Anti-Hate Network and sits as a board member of Human Rights Watch.



EARTH DAY: APRIL 22



We are all stewards of the Earth and as such it is our responsibility to be aware of how our actions affect the environment, including ways that we can make a positive impact.

One easy way to do this is by reducing the number of times children are driven to and from school. Active travel, including using the school bus, helps to lower our carbon footprint.

Driving your vehicle, even for short distances, requires a lot of energy, which contributes to the burning of fossil fuels, creating pollution and sending greenhouse gases into the air we breathe. These gases harm the Earth's atmosphere and contribute to pollution, smog and climate change, which are all harmful to both our physical and mental health.

Earth Day is an annual worldwide event and is celebrated on April 22. Earth Day is a time to reflect on our habits and consider making small changes to our routines.

Do your part to keep the Earth clean by using Active School Travel to get to and from school! For those who are unable to walk or cycle to school every day, you could choose an active mode of travel two or three times a week. You can also consider parking a short distance away from the school and walking a block or two to decrease the pollution around the school playgrounds.

For more suggestions, visit the [Ontario Active School Travel Website \(press here\)](#).



Summitview PS

April 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 Day 2	6
7	8 Day 3	9  Day 4	10 Wear Pink to Celebrate Diversity  Day 5	11 Day 1	12 Day 2	13
14	15 Day 3	16  Day 4	17  Mrs. Connor's Class - Earth Day Garbage Pick up with the Mayor Day 5	18 Day 1	19 Good Friday No School	20
21	22 Easter Monday No School	23  Day 2	24  (new Pizza Start) Day 3	25 Day 4	26 Day 5	27
28	29 Book Fair Day 1	30  Book Fair Day 2	1 Book Fair  Day 3	2 Summitview's Got Talent! Book Fair Day 4	3 Book Fair Day 5	4